



From Murfreesboro's

Department of Communications,
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Registration for 7th Annual Murfreesboro Half Marathon begins tomorrow

MURFREESBORO, Tenn. – Registration for the seventh annual Murfreesboro half marathon “The Middle Half” and “Murph’s Fun Run”, presented by Middle Tennessee Medical Center will open June 1 at 8 a.m.

Last year, the event sold out in just over six hours, Race Director Melinda Tate said. Registrations will be available online by credit or debit card at www.themiddlehalf.com or by check payments locally at Fleet Feet Sports, Murfreesboro. The form may also be downloaded from the event website.

“Because we sold out so quickly last year,” Tate said, “we’ve increased the participation limit from 2,500 to 3,000,” said Melinda Tate, race director. “It’s such a flat course that many runners from around the country use The Middle Half to train for full marathons or to set a new PR (personal record).”

The 13.1-mile race is scheduled for Oct. 12, she said, and because the course runs by the geographic center of Tennessee, begins and ends at Middle Tennessee State University and is presented by Middle Tennessee Medical Center, it has been tagged “The Middle Half”.

Registration for Murph’s Fun Run will also begin June 1, she said. The first 250 children, ages 6 to 13, can participate in the one-mile run, which will begin immediately after the half marathon start.

The course goes down scenic, tree-lined Main Street and Maney Avenue to Oaklands Historic House Museum. Runners will circle the Rutherford County Courthouse on the Square, pass by by MTSU’s Fraternity Row and the obelisk on Old Lascassas, and then finish on the MTSU track.

Presenting sponsor is Middle Tennessee Medical Center, she said. Others include The City of Murfreesboro, Murfreesboro Parks and Recreation Department, Fleet Feet Sports, MTSU, Jim ‘N’ Nick’s, State Farm Insurance, Gigi’s Cupcakes, Purity Dairies, PowerBar, Newk’s Express Café, Backer, City Auto, Beaman Dodge Chrysler Jeep Ram, The Daily News Journal, The Murfreesboro Post, Murfreesboro Magazine, HobNob Murfreesboro and WGNS.

For more information, visit www.TheMiddleHalf.com or on Facebook at facebook.com/TheMiddleHalf.