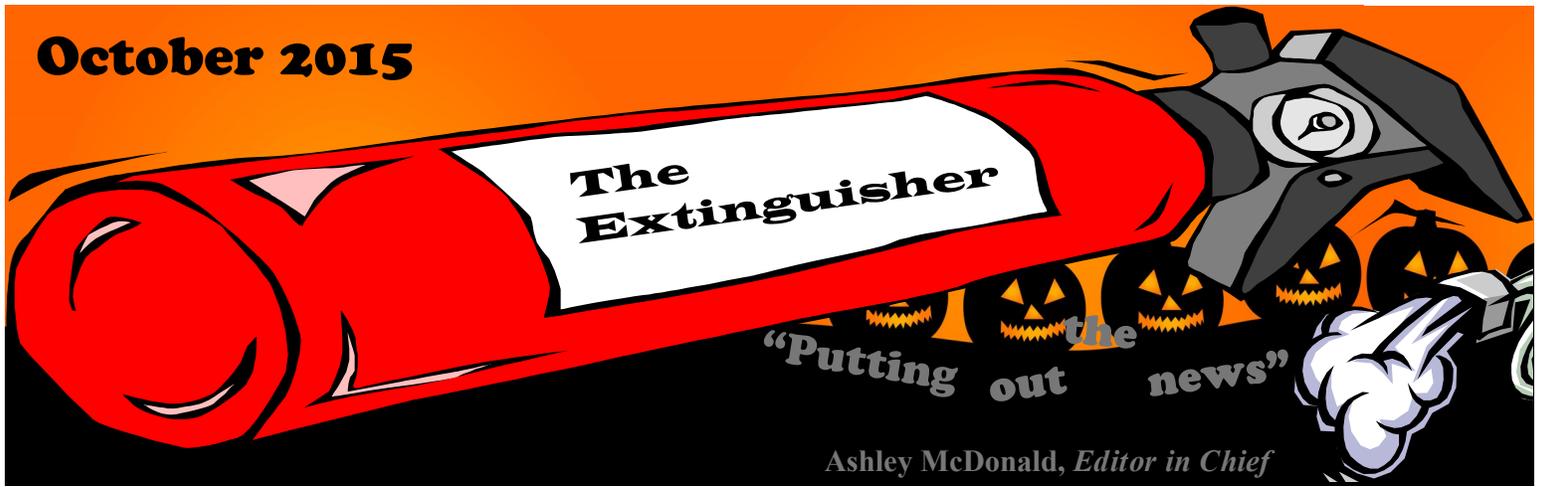


October 2015



Birthdays

Chris Ayers 10/4

Wayne Sutter 10/4

Lionel Holladay 10/6

Travis Bryant 10/8

Hunter Fite 10/11

Zach Fleenor 10/12

Matthew Roeger 10/13

Thomas McAdoo 10/15

Taylor Lasseter 10/20

Kevin Leonard 10/20

Anthony Cayll 10/23

Blake Insell 10/23

Jonathan Parsons 10/25

Joshua Parsons 10/25

Joe Barrett 10/26

John Fisher 10/27

Brian Creager 10/28

Robert Alsup 10/29

Tony Lehew 10/31



MFRD WELCOMES TWO NEW FIREFIGHTERS

Murfreesboro Fire & Rescue Department recently welcomed two new Firefighters.

Andrew Kindle, hired in September, and Brandon McCullough, who started in October, have a combined 12+ years of fire service experience.

Kindle is a certified Advanced Emergency Medical Technician and McCullough is a certified Paramedic.

Both personnel are assigned to MFRD Headquarters. Kindle is on B-Shift and McCullough is on A-Shift.

“We are pleased to add these two gentlemen to the MFRD family,” said Chief Mark Foulks. “There’s no doubt that they’ll be an asset to our department.”

Getting to know them:

Kindle recently moved to Tennessee from North Dakota. He served with the United States Marine Corps for six years. He enjoys hiking, camping, competition shooting, and fixing guns.

McCullough enjoys spending time with his six year old daughter Annsley Kate, participating in outdoor activities, and supporting the Atlanta Braves.



NOBLES IS GUEST CHEF ON “COOKING WITH MFRD”



On the latest episode of “Cooking with MFRD,” Driver Ronnie Nobles shares his recipe for “Nobie’s Hearty Stew.” You’ll also get introduced to MFRD Fire Rescue Chief Mark Foulks.

Check it out at: <https://youtu.be/2BSFWWhW4PRM>.

View past episodes and download the recipes at www.murfreesborotn.gov/cookingwithmfrd.



NEW MONTHLY FEATURE IN “THE EXTINGUISHER”

Every edition of “The Extinguisher” newsletter will now have a feature section called “Tailboard Topics.”

“Tailboard Topics” are meant to provoke thought or encourage research about industry related issues. The answers to each month’s topic will be in the following month’s newsletter. Discuss these questions with other employees, Google the answer, or use the reference material at each station. Any way you choose to do it, expanding your knowledge will enhance your practical application.

Tailboard Topics

Q. What concept was developed from The International Society of Fire Service Instructors’ published position statement that encourages fire departments “to adjust their tactical plans and training programs to incorporate NIST & UL-FSRI fire dynamic research concepts into their emergency response operations?”

MFRD HONORS EMPLOYEES AT 5TH ANNUAL YEARS OF SERVICE AWARDS PRESENTATION

Murfreesboro Fire & Rescue Department honored employees at the 5th Annual Years of Service Awards Presentation September 26 at Patterson Park Community Center.

Employees with 10 and 15 years of service received MFRD challenge coins engraved with their respective years. Employees with 20, 25, and 30 years of service received awards engraved with their names and years of service.

Fire Rescue Chief Mark Foulks stated in the opening remarks, “We have nice equipment and nice stations here in Murfreesboro, and we’re blessed to have that, but I think the quality of our personnel is ten-fold bigger than that. I am so excited to be working alongside these personnel.”

Award recipients were as follows (in order of seniority):

10 Years: Ben Honeycutt, Matt Welcome, Benjamin Thorpe, Lance Sutton, Clay Malone, Adam P. Brown

15 Years: Scott Duncan, Paul Oliver, Adam Petrig, Michael Keith, Raleigh Marlin, Tim Lampitt, David Cranford, Paul Diawara, Anthony Cayll, Douglas English, Christopher Mikolon, David Simms

20 Years: Jeremy McCullough, Hunter Fite, Wade Williams, Timothy Rowlett

25 Years: James Barrett, Michael Adams, Robert Vaughter, David Wade, Marshall King, Clay Walls, Timothy Swann, Eugene Todd, Troy Gannon, Stephen M. Melton, Allen Swader, Ronald Nobles, Keith Elrod, Guy T. Matthews, Theodore Pertiller, Jeffery Bratcher

30 Years: Kenneth Richmond, Keith Bratcher, Samuel Benford, Mark McCluskey.

If you missed the live broadcast of the presentation on CityTV, you can view it on YouTube at <https://youtu.be/XPrMDvY9SFk>.



Front Row (L to R):

Lance Sutton, Kenneth Richmond, Ben Honeycutt, Tim Lampitt, Raleigh Marlin, and Douglas English

Middle Row (L to R):

Assistant Chief Kim Lawson, Ronald Nobles, Stephen M. Melton, Guy T. Matthews, Eugene Todd, Keith Elrod, Clay Malone, Adam Petrig, Hunter Fite, Timothy Swann, Jeffery Bratcher, Paul Oliver, Assistant Chief Kaye Jernigan

Back Row (L to R):

Fire Rescue Chief Mark Foulks, Keith Bratcher, Clay Walls, Samuel Benford, Jeremy McCullough, Mark McCluskey, Assistant Chief Allen Swader, Scott Duncan, Mike Keith, Deputy Chief Roger Toombs, and Adam P. Brown

NOTABLE MEDICAL CALL

BY: ASSISTANT CHIEF KIM LAWSON

On May 31, 2015, Rescue 9 responded to a call on Waywood Drive where a wife was attempting CPR on her husband who was unconscious. Driver Scott Duncan and FF James Bryant arrived and found a patient in cardiac arrest. After taking over CPR, an airway was inserted with ventilation and the AED placed on the patient. A total of two shocks were delivered in the minutes prior to RCEMS arrival. Medic 1 continued advanced care and defibrillation until placing the patient on a 12-lead EKG whereas they found a stable cardiac rhythm. The patient was transported to Saint Thomas Rutherford emergency room where he made a full recovery and was discharged. The team effort of bystander CPR, Dispatch, rapid treatment and deployment of the AED by Rescue 9, RCEMS Medic 1, and MPD who assisted on the scene saved this life.

DR Scott Duncan
FF James Bryant

Paramedic Greg Henson-RCEMS
EMT Brian Carper-RCEMS
Dispatcher Kenny Moffitt
MPD Officer Mick Rea
Saint Thomas Rutherford



FIREFIGHTER OF THE MONTH OCTOBER 2015

Retired Fire Chief Cumbey Gaines has been named Firefighter of the Month for October 2015.

He received the title in honor of his August 2015 retirement after 35 years of service with Murfreesboro Fire & Rescue Department.

Gaines was the first African American Inspector, Shift Commander, Deputy Chief, and Chief at MFRD.

He started with MFRD in August 1980.



If you notice MFRD personnel providing exemplary service, displaying professionalism, or representing the City of Murfreesboro in a positive light, please share your experience by nominating them for a Service Excellence Stars Award.

[Click here for more information or to Nominate a STAR.](#)

MFRD TO HOST BONE MARROW DRIVES FOR SHIFT COMMANDER'S DAUGHTER

Murfreesboro Fire & Rescue Department will host two Bone Marrow Drives to attempt to find a match for MFRD Shift Commander Daryl Alexander's daughter.

Jenna-Leigh Beasley recently discovered she has Myelodysplastic Syndrome (MDS), a rare form of cancer that normally affects persons of 60 years and older. She is only 27.

The bone marrow drives will be Friday, October 9 from 10:00 am to 12:00 pm at MFRD Fire Administration and Saturday, October 10 from 10:00 am to 1:00 pm.

The testing procedure includes a little bit of paperwork and a swab taking cells from your mouth.

Light refreshments will be served to those who test.

On Saturday, you can also tour the fire station and check out the fire engines!

Murfreesboro Fire & Rescue to Host Bone Marrow Drive for Commander's Daughter

<p>Fri. Oct. 9th 10:00a-12:00p MFRD's Fire Admin Office 220 NW Broad Street</p>		<p>Sat. Oct. 10th 10:00a-1:00p MFRD's Headquarters 202 E Vine Street</p>
--	--	---

Jenna-Leigh Beasley (pictured left) is the daughter of MFRD Shift Commander Daryl Alexander and wife Karen. She was recently diagnosed with MDS (Myelodysplastic Syndrome) a rare form of bone marrow cancer that normally affects persons 60 years of age and older.

Jenna-Leigh is only 27 years old.

She is in desperate need of a bone marrow transplant...the quicker they find a match and perform the transplant, the better!

MFRD will be hosting a Bone Marrow Drive on two dates in October. The drive is open to the public.

The testing procedure is as simple as a swab taking cells from your mouth. You MUST be healthy and free from any infection.

Age requirements and other guidelines can be found at bethematch.org.



Please contact Ashley McDonald at 615-893-1422 or Karen Alexander at 615-604-4705 for more information.

MFRD HAS TWO NEWS EMT-PS

Murfreesboro Fire & Rescue Department Drivers Karl Daigle and Josh Oliver



recently obtained certification as Paramedics (EMT-PS).

"We are proud of these two and their accomplishments," said Assistant Chief Kim Lawson.

MFRD PERSONNEL ATTEND HOLMATRO CLASS

BY: DRIVER CLAY ESTES (CLAY IS ALSO A CONTRIBUTOR TO TAILBOARD TOPICS)

On Friday September 25, nine of MFRD's rescue drivers attended Holmatro's Rescue Experience at Brentwood Fire Department's training center in Brentwood, TN. The purpose of this one-day training event was to provide the knowledge necessary to perform a rescue safely by establishing expectations for students on how to perform job tasks. Both classroom activities and practical applications were lead by members of Holmatro's Safety Team.



Topics covered were kinematics, progressive lifting techniques, updates on vehicle anatomy, and a presentation on spine immobilization and the NEXUS criteria by Dr. Mike Olinger, Director of Medical Services for INDY racing league.

Kinematics is a branch of physics that deals with motion. In terms of traffic collisions, the theory allows us to understand what is happening during and just following a collision. Assessing kinematics and understanding the mechanism of injury, will allow the formulation of an extrication plan that is best suited to the needs of the patient.

Lifting techniques focused on crush injury syndrome. Special attention was given to different variables of patient care that would utilize tourniquets in relation to speed of extrication and patient stabilization. Placement of high pressure lifting bags and procedures for use were heavily discussed during practical evolutions.

Updates on vehicle anatomy covered new technologies of steels and aluminums. Light weight aluminum bodies and ultra high strength steel and boron reinforcements were also addressed. Airbags and other types of supplemental restraint systems were also discussed as well as methods for identifying and dealing with them.

Students were able to perform different procedures of vehicle stabilization and extrication as well as lifting and moving large objects, using tools provided by Holmatro. Groups rotated through four different evolutions which included vehicle under-rides, construction accidents, and vehicle overturns.

If you have any questions about the topics of this class, please contact our personnel who attended. They will be happy to discuss any aspects of extrication with you.

Pictured (L to R): Front Row: Chase Martin, Raleigh Marlin, David Bricker, Dwajuan Howse, Scott Duncan; Back Row: Eugene Todd, Doug English, Clay Estes, Jeremy McCullough

FIREFIGHTER VAUGHTER WEDDING

Firefighter Rob Vaughter and wife Ellen Woods-Vaughter tied the knot at Cedars of Lebanon on September 7.

MFRD Captain/Shift Inspector and MFFA Chaplain Lee Douglas officiated, and MFRD Captain John Avaritt served as "Best Man."

The couple honeymooned in Alaska and Puerto Rico.



October Anniversaries

37 YEARS

Joe Barrett

27 YEARS

Daryl Alexander
Billy Sauls
Troy Thomas
Carol Whitaker

18 YEARS

Alvin Brandon
Jason Hayes
Josh Oliver
Raymond Smith

11 YEARS

James Bryant
Nicole Miller
Charles Powell

9 YEARS

Josh Jackson
Al Jakes

8 YEARS

Lucas Dearden
Andy Smithson

3 YEARS

Adam C. Brown
Ryan Daniel
Justin McCraven

2 YEARS

Allan Debowsky
Justin Lewis
Brent Stephens

